

ADVANCED PALLIATIVE PRACTICE SKILLS

WEDNESDAY, JANUARY 17TH, 2024—MARCH 6TH, 2024

5:00PM—8:00PM

APPS courses are designed for PSWs and Health Care Aides who are graduates of the Fundamentals of Hospice Palliative Care program. Building upon the Fundamentals of Hospice Palliative Care Program, this eight-week, online APPS course focuses on the PSWs scope of practice as it relates to the foundational concepts of Hospice Palliative Care. Participants will learn skills to enhance communication with the person, family, and team members, develop skills required for effective team functioning and self-care, and learn strategies for relieving common end-of-life symptoms.

COURSE CONTENT

The 8-week APPS program covers the following topics:

- ◆ Welcome to APPS & e-Learning
- ◆ Roles in Caregiving; Therapeutic Communication & Self-Care
- ◆ Considering Advance Care Planning, Ethics, Loss and Grief
- ◆ Tools for Symptom Management
- ◆ Tools for Symptom Management with a Focus on Pain
- ◆ Psychological Issues & Spiritual Issues
- ◆ Skin Care and the Dying Process
- ◆ After Death Care and Bereavement

COURSE OBJECTIVE

Following active participation in the APPS course, learners will:

- ◆ Have an enhanced understanding and respect for the role of PSWs/ Health Care Aides in providing a palliative approach
- ◆ Be more self-aware when providing Hospice Palliative Care (HPC)
- ◆ Have an enhanced understanding of loss and grief
- ◆ Be able identify opportunities and strategies around symptom management
- ◆ Have an enhanced understanding of comfort measures, at end of life.
- ◆ Have an enhanced understanding of ethical challenges, at end of life

Please note APPS requires a 2 week self learning component, which is to be completed prior to start date of class.



Classes and self study alternate for 8 weeks

Location: Virtual Class (Week 2, 5, 8)

Address: Zoom Secured

Textbook: Made available online

Cost: \$50 by credit card **(NO REFUNDS)**

To register online [CLICK HERE.](#)

For more info, contact us: 416-847-4111 or

PalliativeCareEducation@schcontario.ca